



ALAN KARBELNIG PhD, ABPP
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PSYCHOLOGIST – psy10347

*Psychotherapy
Psychoanalysis &
Psychological
Assessment*

BIOGRAPHY

Dr. Karbelnig practices psychoanalytic psychotherapy in Pasadena, California, working with individuals, couples, and families. He earned two PhDs, one in Counseling Psychology from USC in 1986, and another one in Psychoanalysis from the New Center for Psychoanalysis (NCP) in 1996. Shortly thereafter, he achieved Certification in Psychoanalysis by the American Psychoanalytic Association (APsaA), ultimately earning the status of a Supervising and Training Psychoanalyst. He founded, serves on the Board of Directors of, and teaches at Rose City Center—a not-for-profit psychoanalytic psychotherapy clinic serving the economically disadvantaged throughout California.

An award-winning teacher, Dr. Karbelnig lectures locally, nationally and internationally including in Hong Kong and Beijing, China, in Delhi and Ahmedabad, India, and in Tel Aviv, Israel. A scholar in psychoanalysis, psychoanalytic psychotherapy, mental health law and ethics, Dr. Karbelnig also enjoys writing. He has published some 15 scholarly articles and six book chapters. Also, writes a weekly Substack newsletter titled, *Journeys to the Unconscious Mind*. His first book, *Lover, Exorcist, Critic: Understanding Depth Psychotherapy* (Karnac Press), was released in 2024. His second book, *The Psychoanalyst as Revolutionary*, will be released in 2026.

EDUCATION

PhD	NEW CENTER FOR PSYCHOANALYSIS Psychoanalytic Training Program Thesis Topic: Demoniactal Possession Revisited: Studies in Splitting, Identification and Enactment	1996
PhD	UNIVERSITY OF SOUTHERN CALIFORNIA Department of Counseling Psychology Specialization in Clinical Assessment Dissertation Topic: Psychosocial Factors Affecting Compliance with Stress Management Programs	1986
MS	UNIVERSITY OF SOUTHERN CALIFORNIA Department of Counseling Psychology Masters Thesis Topic: Social Isolation and Adolescent Suicide	1981
BA	UNIVERSITY OF CALIFORNIA AT LOS ANGELES Department of Psychology Highest Department Honors Senior Honors Thesis Topic: Effects of Aerobic Running on Trait Anxiety UCLA <i>Daily Bruin</i> Staff: Editorial Director, City Editor & Writer	1979



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EXPERIENCE

Psychologist; Psychoanalyst

PRIVATE PRACTICE

1988 - Present

Provide psychotherapeutic services to individuals, groups, and families with additional specialization in clinical assessment with special interest in forensic psychology evaluations. Also perform assessments of psychiatric inpatients and outpatients for determination of precise diagnosis, treatment planning, and related issues.

Senior Faculty/Training & Supervising Psychoanalyst THE NEW CENTER FOR PSYCHOANALYSIS

1996 - Present

Teach courses in psychoanalytic training, psychodynamic psychotherapy, and extension division programs. Courses include both theoretical and applied clinical topics.

Co-Director; Psychologist

FAIR OAKS PSYCHOLOGICAL ASSOCIATES

1989 - 1994

In an effort to establish a multi-disciplinary mental health group to evaluate and treat patients involved in various legal proceedings, Fair Oaks Psychological Associates was established in early 1989. As Co-Director, administered a wide range of evaluation and treatment services. Also provided direct services. The group offered comprehensive psychological evaluations of patients involved in workers' compensation, personal injury, family law, criminal law, and other forensic matters. Staff included psychologists, psychiatrists, and marriage, family, and child counselors.

LICENSES AND CERTIFICATES

Psychologist | #PSY 10347

State of CA Board of Psychology

Marriage, Family & Child Therapist | #MFT 19525

State of CA Board of Behavioral Science Examiners

Board Certified in Forensic Psychology | #6726

American Board of Professional Psychology

Certified in Psychoanalysis

American Psychoanalytic Association

Training and Supervising Psychoanalyst

New Center for Psychoanalysis

Registrant | #40993

National Register of Health Service Providers in Psychology

PROFESSIONAL AFFILIATIONS

- American Psychoanalytic Association
- International Psychoanalytic Association
- New Center for Psychoanalysis
- Society for Personality Assessment
- Chinese American Psychoanalytic Association



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PROFESSIONAL ACTIVITIES

Chair, Training Committee

Rose City Counseling Center

Faculty

Chinese American Psychoanalytic Association

Outstanding Teaching Award for 2012

New Center for Psychoanalysis

Past President, Board of Directors

Rose City Counseling Center

Expert Reviewer

State of California Board of Psychology

Past Member, Board of Directors

New Center for Psychoanalysis, 2005-2008

Past Chair, Ethics Committee

San Gabriel Valley Psychological Assn., 1995-2010

Past Chair, Extension Division

New Center for Psychoanalysis, 1995-2010

Past President

San Gabriel Valley Psychological Assn. 1991-1993

PUBLICATIONS

Karbelnig, A. M. (2027). *The Psychoanalyst as Revolutionary*. London: Karnac Books

Karbelnig, A.M. (2024). **Beyond climate defensiveness: The role of psychoanalysis in creating a sustainable future.** *The American Psychoanalyst*, 58.1:32-45.

Karbelnig, A. M. (2024). *Lover, Exorcist, Critic: Understanding Depth Psychotherapy*. London: Karnac Books

Karbelnig, A.M. (2023). **Food and Money: A Psychoanalytic and Sociopolitical Exploration of their Intersection.** In N. Savelle-Rocklin and S. Akhtar (Eds), *Food: A Biopsychosocial Perspective*. New York: Routledge

Karbelnig, A.M. (2023). **Cardiac self-disclosure: clinical and theoretical reflections.** *British Journal of Psychotherapy*. 39(3). doi.org/10.1111/BJP.12845

Karbelnig, A.M. (2023). **The Psychoanalyst as Dramatist.** *Psychoanalytic Inquiry*, 43(7). doi.org/10.1080/07351690.2023.2257578.

Karbelnig, A.M. (2022). **The Embodied Psychoanalyst: The Mind-Body Impact of Sustained Clinical Practice** Chapter In: *Psychoanalysis and the Mind-Body Problem*. Jon Mills (Ed). NY: Taylor & Francis.

Karbelnig, A.M. (2022). **Chasing Infinity: Why Clinical Psychoanalysis' Future Rests in Pluralism.** *International Journal of Psychoanalysis*, 103:5-25.

Karbelnig, A.M. (2021). **Laying the Death Drive to Rest.** *International Forum of Psychoanalysis*, 30(3). doi.org/10.1080/0803706X.2021.1905179.

Karbelnig, A.M. (2021). **The Psychoanalyst as Revolutionary.** *British Journal of Psychotherapy*, 37(4). doi: 10.1111/bjp.12676.



ALAN KARBELNIG PhD, ABPP

PUBLICATIONS CONTINUED

- Karbelnig, A.M. (2021). **Resuscitating the (Nearly) Dead Profession of Psychoanalysis A Review of and Comment on Zagermann, P. (Ed.) (2018). *International Journal of Controversial Discussions*, Issue 4.**
- Karbelnig, A.M. (2020). **The Theater of the Unconscious Mind.** *Psychoanalytic Psychology*, 37(4): 273–281. doi: 10.1037/pap0000251.
- Karbelnig, A. M. (2018). **A Perilous High Wire Act: Framing Psychoanalytic Relationships with Severely Traumatized Patients.** *The Psychoanalytic Quarterly*, 87(3): 443-478.
- Karbelnig, A. M. (2018). **Addressing Psychoanalysis's Post-Tower of Babel Linguistic Challenge: A Proposal for a Cross-Theoretical, Clinical Nomenclature.** *Contemporary Psychoanalysis*, 103(1): 69-109.
- Karbelnig, A.M. (2017). **The Geometry of Intimacy: Couples Therapy and Love Triangles.** *Psychoanalytic Psychology*.
- Karbelnig, A.M. (2015). **Stirred by Kafka's A Country Doctor: An Exploration of Psychoanalysts' Styles, Vulnerabilities, and Surrealistic Journeys.** *The Psychoanalytic Review*. (Published online 11/20/15).
- Karbelnig, A. (2014). **The Analyst is Present: Viewing the Psychoanalytic Process as Performance Art.** *Psychoanalytic Psychology*. (Published online 7/28/14).
- Karbelnig, A.M. (2014). **The Sanctuary of Empathy and the Invitation of Engagement: Psychic Retreat, Kafka's "A Hunger Artist," and the Psychoanalytic Process.** *The Psychoanalytic Review*, 101(6), 895-924. doi: 10.1521/prev.2014.101.6.895

PRESENTATIONS

- The Perils and Promises of a Unified Psychoanalytic Model**
12/13 & 12/20/25; Conference for Psychoanalytic Clinicians, Shenzhen, China
- The Perils and Promises of a Unified Psychoanalytic Model**
10/11-10/12/2025; Hong Kong College of Psychiatrists Psychotherapy Conference
- The Perils and Promises of a Unified Psychoanalytic Model**
4/26/25; San Diego Psychoanalytic Institute
- The Perils and Promises of a Unified Psychoanalytic Model**
10/17/24; New Center for Psychoanalysis, Los Angeles, CA
- The Psychoanalyst as Revolutionary**
5/9/23; Bar-Ilan University, Ramat-Gan, Israel
- Advanced Understanding of Transference and Countertransference**
3/14-3/15/18; Alice Ho Nethersole Hospital, Hong Kong, China
- The Relational Turn in Psychoanalysis**
3/16/18; Peking University, Shenzhen, China
- Contemporary Challenges in Psychoanalytic Practice**
1/14/17; Alice Ho Nethersole Hospital, Hong Kong, China



HISTORY OF DEPOSITIONS

DATE	CASE	RETAINED BY	NATURE OF PROCEEDING	VENUE
7/15/20	Waring v. Geologistics	Defense	Employment Law	County of Riverside
11/16/15	Golmis v. Mancrief & Tate Terrill Dory, Esq.	Plaintiff	Will and Probate Law	Reno, NV
02/10/14	O'Neal v. UWLA Dan Stormer, Esq.	Plaintiff	Employment Law	County of Los Angeles
06/25/13	Halenar v. David Van Zak, PhD	Defense	Malpractice Law	County of Los Angeles
09/06/12	Hanasabzadeh vs. Hanasabzadeh	Respondent	Family Law	County of Los Angeles
06/21/12	Karoub v. Board of Behavioral Sciences, Michael German, DAG	Complainant	Administrative Law Bench Trial	County of San Diego

HISTORY OF COURT APPEARANCES

DATE	CASE	RETAINED BY	NATURE OF PROCEEDING	VENUE
02/05/24	Thomas v. Board of Psychology	Complainant	Administrative Law	County of Los Angeles
06/14/22	Matias v. Board of Psychology Carolyne Evans, DAG	Complainant	Administrative Law	County of Los Angeles
08/14/19	Caseres v. City of Fontana	Defense	Personal Injury	County of San Bernardino
12/05/17	Ravenshanas v. Board of Behavioral Sciences	Respondent	Administrative Law	County of Los Angeles
10/28/16	Berkowitz v. Board of Psychology	Respondent	Administrative Law	County of Los Angeles
11/16/15	Nightingale v. Board of Psychology	Complainant	Administrative Law	County of Orange
11/18/11	Siegel v. Board of Psychology Steven Frankel, Esq.	Respondent	Hearing Before Board of Psychology	County of San Francisco
09/07/11	Snyder v. Board of Behavioral Sciences, Alan Kaplan, Esq.	Respondent	Administrative Law Bench Trial	County of Los Angeles